

## Appointment Reminders

The use of text messaging and/or emails to remind people of appointments has been shown to be effective, easy and convenient. If you would like this service to remind you a day in advance of your appointment, you may receive it by signing below. Before you do so, however, it is important to understand that emails and text messages are not a secure means of communication, although they are similar in many ways to voicemail. In order to help improve your privacy, the reminder will appear similar to:

“Reminder: you have an appointment at 4:00 pm on November 12. If you are unable to make this appointment, please call to cancel or reschedule.”

Also, the reminder will come from my University of Kentucky email (tspa225@uky.edu). If you have any questions or concerns, please feel free to discuss them with me.

By signing below, you agree to receive an email and/or a text message to remind you of your appointment a day before the appointment occurs. You also understand the limitations of privacy when using electronic communication.

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Client

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Date

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Client

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Date

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Client/Guardian if above is under 18

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Date

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Witness

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Date

Email:

Text message:

Cell phone number:

Please select your carrier:

- AT&T
- Alltel
- Cellular One
- Nextel

- Sprint
- T-Mobile
- US Cellular
- Verizon
- Other: